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CONCISE REPORT

Differential DNA methylation and expression of inflammatory and zinc transporter genes defines subgroups of osteoarthritic hip patients

Michael D Rushton, David A Young, John Loughlin, Louise N Reynard

ABSTRACT

Objectives We have previously shown that the cartilage DNA methylome delineates two clusters of osteoarthritic (OA) hip patients, characterised by differential methylation of inflammatory genes, while others have demonstrated a link between zinc homeostasis and inflammation in OA. We aimed to investigate these effects at the methylation and gene expression level.

Methods We used our previously generated methylation data while quantitative PCR was used to measure gene expression using RNA from the hip cartilage of members of both clusters and from control individuals without hip OA.

Results One of the OA clusters is characterised by the promoter hypomethylation and increased expression of inflammation-associated genes including IL1A and TNF. Furthermore, we show that the increase in expression of these genes is accompanied by increased expression of several zinc transporter genes. In addition, the zinc responsive transcription factor MTF1 is also upregulated, which is accompanied by an increase in the expression of its targets the metalloproteinases MMP13 and ADAMTS5.

Conclusions We have identified a subgroup of OA hip patients that are epigenetically and transcriptionally characterised by a cartilage inflammatory phenotype with concurrent differential regulation of zinc regulators. The identification of subgroups enhances stratified phenotyping of OA patients and has important implications for future therapeutic applications.

INTRODUCTION

Osteoarthritis is characterised by the focal loss of articular cartilage at the synovial joints. Genetic susceptibility has an established role in osteoarthritic (OA) aetiology, while recent studies have highlighted the crucial impact of epigenetics, specifically DNA CpG methylation, on the disease. Initial methylation studies employed a candidate gene approach, whereas more recent studies have used powerful genome-wide DNA CpG methylation arrays to reveal the unique landscape of the OA cartilage DNA methylome. These have reported widespread cartilage methylation changes between OA and non-OA individuals. Our previous study revealed subgroups, or clusters, of OA individuals based on their DNA methylome. For the 23 OA hip patients examined in that study, two very distinct clusters were observed based on the highly significant differential methylation of inflammation/immune-related genes.

Although OA has historically been classified as non-inflammatory, it is now becoming clear that inflammation plays a role in some patients. Much of the attention on OA inflammation has focused on the synovium, with the synovial fluid containing elevated levels of proinflammatory factors. Some studies have suggested a possible role for the chondrocyte in inflammation, with OA theorised to result from an unresolved chronic wound healing response in cartilage that involves the activation of inflammatory cytokines. In vitro studies have also shown that chondrocytes upregulate matrix-degrading enzymes in response to proinflammatory factors such as IL-1β, thought to be mediated at least in part through increased activity of the zinc-finger protein ZIP8–MTF1 axis. This highlights that zinc homeostasis is also a key player in OA pathogenesis, linking inflammation with cartilage loss.

In our previous study, the 23 OA hip patients grouped into clusters 1 and 2 containing 11 and 12 patients, respectively, with cluster 2 demonstrating hypomethylation of the inflammation/immune-related genes. In that report, we had also studied 21 patients who were free of hip OA and had undergone hip replacement due to a neck of femur fracture. These were more similar to OA cluster 1 with respect to the methylation of the inflammation/immune-related genes. In the present study, we investigated the two OA hip clusters and the NOF patients in more detail at the DNA methylation and gene expression level, with a focus on immune-related genes and zinc homeostasis.

MATERIALS AND METHODS

Patient information is shown in online supplementary table S1, and a list of the primers used is shown in online supplementary table S2. A detailed description of the material and methods can be found in the online supplementary text.

RESULTS

Inflammatory/immunity genes are demethylated in a subset of OA hip samples

We used our previously generated methylation data to search for sites that were significantly differentially methylated between OA hip cluster 2 (12 patients) and both OA hip cluster 1 (11 patients) and the 21 NOF patients. In total, we identified 10 064 differentially methylated CpG loci, of which 4308 were hypomethylated and 5756 were...
hypermethylated in OA hip cluster 2 compared with both NOF and OA hip cluster 1 (see online supplementary tables S3 and S4). We performed gene ontology term analysis of both hypermethylated and hypomethylated genes (see online supplementary tables S5 and S6). Analysis of the hypomethylated genes revealed a striking enrichment of terms related to inflammation and immunity (table 1), matching our previous results where we had compared just the two OA hip clusters.

Analysis of the methylation of the promoters of inflammation-associated genes
Hypomethylation of the inflammation-associated genes predominantly occurred within their promoters. We therefore analysed the methylation status of the promoters of a group of six inflammatory-related genes, selected on the basis that they contained at least one differentially methylated probe from our genome-wide analysis. In this analysis, we also included probes that were genome-wide significant irrespective of the difference in methylation. The genes selected coded for factors known to influence zinc homeostasis in OA, IL-1β, IL-1α, the IL8 receptor CXCR2 and the chemokines CCL5 and CCL2. Information regarding the CpG probes studied for each gene can be found in online supplementary table S7 (the CpG probes listed as residing in the gene body are in regions defined by ENCODE (http://genome.ucsc.edu/ENCODE/) as having promoter activity).

Figure 3 shows that in OA hip cluster 2 these inflammatory-associated genes undergo promoter demethylation in comparison to both OA hip cluster 1 and NOF, the only exception being one of the four IL6 probes (cg07998387). Promoter demethylation was accompanied by an increase in expression of all six genes in OA hip cluster 2 (figure 2). The correlation between DNA methylation and gene expression is shown in online supplementary figures S1 and S2, and table S8.

<table>
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<tr>
<th>Table 1 Example of inflammation-immune-related gene ontology (GO) terms for genes hypomethylated in osteoarthritic hip cluster 2</th>
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<td>GO term</td>
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<tr>
<td>Immune system process</td>
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<td>Immune response</td>
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<td>Defence response</td>
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<td>Regulation of immune response</td>
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<td>Innate immune response</td>
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<td>Activation of immune response</td>
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<td>Immune system development</td>
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<td>Lymphocyte activation</td>
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<td>Regulation of leucocyte activation</td>
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<td>Positive regulation of T cell activation</td>
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<td>Regulation of defence response</td>
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<td>Regulation of IL-1β production</td>
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<td>Regulation of cytokine production</td>
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<td>Positive regulation of leucocyte-mediated immunity</td>
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<td>Regulation of T cell activation</td>
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<td>Leucocyte differentiation</td>
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<td>T cell co-stimulation</td>
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<td>Response to interferon-gamma</td>
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<td>Lymphocyte co-stimulation</td>
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<td>Regulation of lymphocyte-mediated immunity</td>
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DISCUSSION
In this study, we report on a clear subset of OA hip patients who undergo demethylation of the promoters of inflammatory/immunity-related genes. Demethylation is accompanied by increased expression of inflammatory factors, suggesting that cartilage inflammation may play a more integral role in the disease pathogenesis in this group of individuals. We also show that the increase in the expression of inflammatory genes correlates with the expression of zinc transporter and metalloproteinase genes. Our observations resonate with other complex diseases, where patients can present with the same disease phenotype but the underlying genetic/epigenetic status differs.

Proinflammatory cytokines such as IL6, IL1 and TNF-α are known to influence zinc homeostasis through regulating the expression of zinc transporter genes. Intriguingly, it has been shown recently that ZIP8 upregulation induces the expression of matrix-degrading enzymes in chondrocytes. This has led to the suggestion that zinc regulation could offer therapeutic opportunities in OA. Our data support this but very clearly highlight that this may be particularly applicable to a subgroup of OA individuals; ZIP8 expression demonstrated very significant differential expression between the two clusters.

While we see differential methylation of several ZIP genes, it is not clear whether it is this or whether it is the increase in the expression of the inflammatory factors that is driving this
The promoters of inflammatory genes are demethylated in a subgroup of osteoarthritic (OA) hip patients. The level of methylation is shown as the β value obtained from the HumanMethylation450 BeadChip array for a total of 21 neck of femur (NOF) patients, 11 OA hip cluster 1 patients and 12 OA hip cluster 2 patients. The methylation levels are shown for six inflammation-associated genes; (A) TNF; (B) CXCR2; (C) CCL2; (D) IL6; (E) CCL5; (F) IL1A. Data are shown as the mean and the standard error of the mean and statistical analysis was performed by one-way analysis of variance with the Tukey test. ***p<0.001, **p<0.01, *p<0.05.

Demethylation of the promoter is accompanied by an increase in the expression of inflammation-associated genes. Gene expression was measured in five neck of femur (NOF), five osteoarthritic (OA) hip cluster 1 and six OA hip cluster 2 patients who had all been included in the original methylation analysis. Data are presented as $2^{-\Delta\Delta Ct}$ with the NOF data serving as the control group and are shown as the mean and the standard error of the mean. Statistical analysis was performed by one-way analysis of variance with the Tukey test. ***p<0.001, **p<0.01, *p<0.05. Gene expression was measured in the six previously identified differentially methylated genes; (A) TNF; (B) CXCR2; (C) CCL2; (D) IL6; (E) CCL5; (F) IL1A.
increase. It may be that the inflammatory genes regulate ZIP gene expression via DNA methylation.

The expression correlations that we have observed between inflammatory and zinc genes are very noteworthy, but clearly the expression of other genes may also correlate. A more comprehensive analysis is therefore called for.

In this study, we focused on the inflammatory subgroups that are present within OA hip samples. Subgroups have been observed in OA knee samples, but the clustering is much more heterogeneous than that in OA hip. For this reason, we focused our study on OA hip. However, we cannot rule out that the inflammatory and zinc gene effects reported in this study occur in OA knee. A similar study in OA knee is therefore warranted.

In conclusion, we show that the cartilage methylome identifies an inflammatory-associated subgroup of OA hip individuals with concurrent differential regulation of zinc regulators. The identification of subgroups of patients has important implications for the testing and application of disease-modifying OA therapeutics, with disease interventions needing to be tailored to the underlying genetic/epigenetic profile of an individual.

**Contributors** All authors meet the International Committee of Medical Journal Editors recommendations. All authors have critically reviewed the manuscript.

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**Figure 3** The ZIP group of zinc transporter genes are upregulated in the inflammation-associated subgroup of osteoarthritic (OA) hip patients. Gene expression was measured in five neck of femur (NOF), five OA hip cluster 1 and six OA hip cluster 2 patients. Data are presented as $2^{-\Delta\Delta Ct}$ with the NOF data serving as the control group and are shown as the mean and the standard error of the mean. Statistical analysis was performed by one-way analysis of variance with the Tukey test. ***p<0.001, **p<0.01, *p<0.05. (A) Analysis of IL1B expression. (B) Analysis of the ZIP group of zinc transporter genes. (C) Gene expression analysis of the zinc transporter gene regulator MTF1. Gene expression analysis of the MTF1 targets (D) MMP13 and (E) ADAMT5. Gene expression analysis of the metallothioneins (F) MT1A; (G) MT1G and (H) MT1H. (I) Gene expression analysis of the ZnT group of zinc transporter genes.
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Competing interests None.

Patient consent Obtained.

Ethics approval The Newcastle and North Tyneside research ethics committee (REC reference number 09/H0906/72).

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