

1 **Isotopic evidence of subtle nutrient enrichment in mangrove habitats of Golfo Dulce, Costa Rica**

2 *Running head: Mangrove nutrient enrichment in Costa Rica*

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10 **Abstract:** Mangroves are of great ecological and socioeconomic importance, yet they are under threat  
11 from urban development on the southern Pacific coast of Costa Rica. To test for possible nutrient-related  
12 impacts, we compared water-column nutrient concentrations, C and N stable isotope values and other  
13 environmental variables between mangroves with known sewage loading (three ‘nutrient loaded’ locations)  
14 and those without such loading (three ‘reference’ locations). Instantaneous nutrient concentrations were low  
15 at all locations, Secchi depth was greater at reference locations, and chlorophyll concentrations were higher  
16 at nutrient loaded mangroves. Suspended matter did not vary between reference and nutrient loaded  
17 mangroves, and nor did bivalve and algal  $\delta^{13}\text{C}$  and  $\delta^{15}\text{N}$  values. Enrichment of  $\delta^{15}\text{N}$  and  $\delta^{13}\text{C}$  of red  
18 mangrove leaves at the nutrient loaded locations is attributed to pulsed inputs of materials that were not  
19 detected in the instantaneous nutrient data. We provide evidence of isotopic enrichment at nutrient loaded  
20 locations from mangrove material and recommend that adequate waste water treatment be carried out on all  
21 anthropogenic discharges into this vulnerable marine system.

22

23 **Key words:** Stable isotopes, macroalgae, benthic filter feeders, *Anadara*, *Rhizophora*, *Bostrychia*.

24

## 25 1. Introduction

26 Mangrove habitats can act as filters for eutrophication and lessen the impacts of nutrient loading on  
27 adjacent coastal habitats such as seagrasses and coral reefs (Bouillon, Moens, & Dehairs, 2004; Kathiresan &  
28 Bingham, 2001; Rodelli, Gearing, Gearing, Marshall, & Sasekumar, 1984). Mangrove forests are highly  
29 productive tropical coastal ecosystems (Duarte & Cebrian, 1996), which can serve as important nursery  
30 habitats, stabilize sediments, buffer against tsunamis and storms, store carbon, and provide food and  
31 resources for coastal communities (Donato et al., 2011; Hogarth, 1999; Tomlinson, 1994), but increased  
32 human population and catchment development threaten these coastal ecosystems (Duke et al., 2007).  
33 Mangrove forests are vulnerable habitats which endure a multitude of anthropogenic stresses and continue to  
34 decline worldwide (Duke et al., 2007; Valiela, Bowen, & York, 2001). Sewage discharge in particular can  
35 reduce water quality, generate anoxic conditions, and increase water-column pathogens, and thus impact  
36 these habitats (Lapointe & Clark, 1992; Lapointe, O'Connell, & Garrett, 1990).

37 In Costa Rica, 99.9% of mangroves are located on the Pacific coast, and the most extensive mangrove  
38 forests occur in the southern sector (Cortés, 2016; Cortés & Wehrtmann, 2009; Jiménez & Soto, 1985). Golfo  
39 Dulce on that coast is an environment with relatively low nutrient concentrations (Córdoba-Muñoz &  
40 Vargas-Zamora, 1996; Morales-Ramírez, Acuña-González, Lizano, Alfaro, & Gómez, 2015; Wolff,  
41 Hartmann, & Koch, 1996) and abundant unlogged forest (Quesada-Alpízar & Cortés, 2006). Golfo Dulce is  
42 known for its beauty, habitats, and marine megafauna (Chacón-Chaverri, Martínez-Cascante, Rojas, &  
43 Fonseca, 2015; Morales-Ramírez et al., 2015), and its mangroves are nursery grounds for commercially  
44 important shrimp (Jesse, 1996) and mud cockle (*Anadara tuberculosa* and *Anadara similis*) for human  
45 consumption (Silva & Carrillo, 2004; Silva Benavides & Carrión, 2001; Stern-Pirlot & Wolff, 2006).  
46 However, there is increasing pressure from urban and tourism development, including nutrient input,  
47 destructive fishing, aquaculture projects, deforestation, and land runoff (Cortés, 1990; González-Chen, 2009;  
48 Loaiza, 2007; Morales-Ramírez et al., 2015; Quesada-Alpízar & Cortés, 2006). Golfo Dulce is particularly  
49 sensitive to pollution, given its long water residence times due to its fjord-like bathymetry and limited water

50 circulation (Hebbeln & Cortés, 2001; Morales-Ramírez et al., 2015). Nutrient enrichment and other stress  
51 factors may be affecting the Golfo Dulce mangroves; these include high metal concentrations, PCB pollution  
52 (García-Céspedes, Acuña-González, & Vargas-Zamora, 2004; Spongberg, 2004; Spongberg & Davis, 1998)  
53 and coliform contamination from raw sewage discharge in Golfito Bay (García, Acuña-González, Vargas-  
54 Zamora, & García-Céspedes, 2006). Timely identification of nutrient enrichment is needed for management  
55 of this vulnerable system (Morales-Ramírez et al., 2015), however, the evidence for any impacts is  
56 circumstantial; nutrient enrichment in Golfo Dulce is considered to be low or negligible (Morales-Ramírez et  
57 al., 2015; Silva & Acuña-González, 2006) and instantaneous measurements may be poor indicators of low  
58 level or transitory nutrient inputs.

59 Stable isotope data (notably  $\delta^{13}\text{C}$  and  $\delta^{15}\text{N}$ ) can provide useful information on food-web structure  
60 (Fry, 2006; Peterson & Fry, 1987; Post, 2002), and  $\delta^{15}\text{N}$  can also indicate anthropogenic nutrient loading  
61 (Costanzo, O'Donohue, Dennison, Loneragan, & Thomas, 2001; Costanzo, Udy, Longstaff, & Jones, 2005;  
62 Piola, Moore, & Suthers, 2006; Risk & Erdmann, 2000; Rogers, 1999; Teichberg et al., 2010; Udy &  
63 Dennison, 1997). The stable isotope signatures of organisms are subject to tissue turnover effects, but have  
64 the benefit of time integration such that they may help detect chronic low-level impacts, including pulsed  
65 nutrient runoff events. Mangrove macroalgae have an isotopic turnover rate of as little as four days  
66 (Costanzo, O'Donohue, & Dennison, 2003; Costanzo et al., 2005), while marine bivalves can show isotopic  
67 variation in weeks to months (Lefebvre, Harma, & Blin, 2009; Paulet, Lorrain, Richard, & Pouvreau, 2006;  
68 Piola et al., 2006). In contrast, isotopic turnover rates of mangrove trees occur at yearly timescales, which are  
69 linked to their slower growth and thus tissue turnover (Costanzo et al., 2003; Pitt, Connolly, & Maxwell,  
70 2009).

71 Here, we assess potential anthropogenic nutrient enrichment in mangroves of Golfo Dulce, Costa  
72 Rica. We hypothesise that  $\delta^{15}\text{N}$  values in mangrove organisms (trees, bivalves and algae) are higher in  
73 mangroves with sewage inputs ('nutrient-loaded') compared to those without them ('reference') indicating  
74 subtle, but long-term nutrient enrichment.

## 75 **2. Methodology**

### 76 **2.1. Study sites**

77 The study was carried out in Golfo Dulce (southern Pacific coast of Costa Rica; Figure 1), which is  
78 ca. 20 km long, with maximum depths of 200 m and a 60 m depth sill at its entrance (Hebbeln & Cortés,  
79 2001; Morales-Ramírez et al., 2015; Quesada-Alpízar & Cortés, 2006; Richards, Anderson, & Cline, 1971).  
80 Golfo Dulce is considered to be a fjord-like embayment given its shallow entrance, steep borders and deep  
81 waters; this leads to limited water circulation and anoxic conditions at depth (Morales-Ramírez et al., 2015).  
82 The water column of Golfo Dulce is low in nutrient concentrations (Morales-Ramírez et al., 2015; Silva &  
83 Acuña-González, 2006), however, the human population around Golfo Dulce, increased by 9% and 14% in  
84 Osa and Golfito districts respectively between the years 2000 and 2009 (data of the Instituto Nacional de  
85 Estadística y Censo (INEC) available at <http://www.inec.go.cr/estadisticas-vitales>). There is no waste water  
86 treatment at any location near Golfo Dulce, and raw sewage is directly discharged into the gulf.

87 To test our hypothesis of point based nutrient loading, six mangrove forest locations were selected  
88 based on distance from human settlements with varying population size and nutrient inputs from untreated  
89 sewage. Mangroves were considered *a priori* to be 1) minimally impacted (low or negligible sewage input;  
90 hereafter ‘reference’ mangroves; or 2) exposed to untreated sewage discharge (hereafter ‘nutrient loaded’).  
91 Three reference mangroves (Rincón, Esquinas, Conte), and three nutrient loaded mangroves (Puerto Jiménez,  
92 Depósito, Purruja) were sampled in 2009 (Table 1). Reference mangroves were associated with longer and  
93 wider rivers that pass mostly through pristine rainforest areas, and through some land used for agriculture.  
94 Nutrient loaded mangroves were associated with shorter rivers directly adjacent to urban settlements (Table  
95 1). The mangrove at Puerto Jiménez is located adjacent to Puerto Jiménez town and receives untreated  
96 effluents that are discharged into the river. The Depósito and Purruja mangroves lie within a small  
97 embayment (Golfito Bay) that receives raw sewage discharge (García et al., 2006) and effluents from the  
98 towns of Golfito and Purruja respectively.

99 A 400 m coastal section along the shoreline was selected at each mangrove, allowing access during  
100 both low and high tide. At the shoreline, mangroves were dominated by one species of mangrove tree, the  
101 'red mangrove' (*Rhizophora mangle*), with canopy heights commonly of ca. 5 m at the outer edge. Each  
102 section was divided into 20 m sectors to randomly select sites for biological and water sampling.

## 103 **2.2. Water quality**

104 **2.2.1. Sample collection:** Water samples were collected at high tide at all six locations in 2009 on two  
105 separate dates: April 16-18 considered to represent dry season conditions, and during May 22-24 considered  
106 to represent rainy conditions (IMN, 2009; Morales-Ramírez et al., 2015). Water samples were collected  
107 within 50-200 m of the shoreline. Six sites of each coastal section were chosen randomly. At each site we: 1)  
108 measured Secchi disk depth (m) three times; 2) collected one 1.8 L subsurface water sample at 10 cm depth  
109 in a dark plastic bottle for nutrient and suspended sediment determination; and 3) took one 20 mL subsurface  
110 water sample for salinity determination using a hand refractometer (ATAGO ATC). Samples were kept on  
111 ice until further processing. Each 1.8 L water sample was well mixed before separating into two subsamples  
112 for filtration through glass microfiber filters (ALBET FVC 047) using a vacuum pump (Welch Vacuum  
113 2522B-01). One litre was used for chlorophyll a determination and nutrient analysis, and ca. 800 mL for  
114 suspended matter using dried pre-weighed filters. Filtered water samples for nutrient analyses were stored in  
115 high-density black polyethylene 1 L bottles. Filters and filtered water samples were kept frozen until  
116 processed in the laboratory.

117 **2.2.2. Total suspended solids and chlorophyll a analyses:** Pre-weighed filters for determination of  
118 suspended matter were dried at 60°C and re-weighed (Sartorius 2842). Weight variation per filter was then  
119 related to the total volume of water filtered per sample to determine suspended matter ( $\text{mg L}^{-1}$ ). Filters for  
120 chlorophyll determination were placed in 10 mL of acetone 90 % in plastic laboratory tubes with screw caps,  
121 and fitted with removable cardboard covers inhibiting light penetration. Filters were macerated with a fine  
122 metal rod. Samples were refrigerated for 20 hours, after which 2 mL of acetone 90 % were added and the  
123 sample homogenized. Samples were precipitated using a centrifuge for 10 minutes (IEC Clinical Centrifuge

at 5000 rpm). To calculate chlorophyll concentration, the supernatant of each sample was analyzed in a UV visible spectrophotometer (Shimadzu, UV-1700 Pharma Spec), at 630, 645, 663, 665, and 750 nm wavelengths (Strickland & Parsons, 1972).

**2.2.3. Nutrient analyses:** Previously filtered and frozen water samples were thawed overnight prior to nutrient analysis. Concentrations ( $\mu\text{mol L}^{-1}$ ) of ammonium, nitrite, nitrate, phosphate, and silicate were determined following the methodology modified for 10 mL samples (Strickland & Parsons, 1972). On the basis of three subsamples per filtered sample the uncertainty of the analysis was estimated (in  $\mu\text{mol L}^{-1}$ ) as  $\pm 2.21$  (ammonium),  $\pm 0.07$  (nitrite),  $\pm 0.40$  (nitrate),  $\pm 0.06$  (phosphate), and  $\pm 1.78$  (silicate). The average of the three replicates per sample was used for statistical analysis.

### **2.3. Biological sampling**

Samples were collected between April 28 and May 1, 2009. Because the relevant biota were not found in all six mangroves, biological samples were collected at only four mangrove locations (two reference mangroves: Rincón and Esquinas; and two nutrient loaded mangroves: Puerto Jiménez and Depósito). Puerto Jiménez mangrove has a narrow marine border due to increased urban development, and to maintain comparability among mangroves, samples were collected in random sectors in the 400 m area near the entrance of the mangrove channel. At each mangrove shoreline five sites were selected randomly from the 20 m sectors; except for Puerto Jiménez where only four sites were selected due to mangrove characteristics. Samples of mangrove leaves (*R. mangle*), epiphytic macroalgae growing on *R. mangle* prop roots (*Bostrychia calliptera*), and bivalves (*A. tuberculosa*) were collected for carbon and nitrogen stable isotope analysis.

**2.3.1. Algae:** Various samples of the consortium of macroalgal species that grow epiphytic on *R. mangle* mangrove prop roots were collected at each site. A macroalgal sample refers to algae collected from one mangrove prop root. Samples were placed in airtight plastic containers to maintain moisture, kept on ice in the field, and kept frozen until final processing (2 - 4 weeks). Each sample was thawed at room temperature and cleansed of sediment (using freshwater and a plastic mesh coffee filter). The red macroalga *B. calliptera* was the most abundant alga at the greatest number of sites; therefore, material of this species was separated

149 from individual samples for stable isotope analysis. Algal epiphytes on *B. calliptera* thalli, associated  
150 organisms, and point of attachment to the mangrove root were carefully removed with forceps under a  
151 dissecting microscope. Samples were then placed in 20 mL plastic containers filled with freshwater at room  
152 temperature and placed in an ultrasonic bath (Fisher Scientific FS-14) at 5 min intervals to cleanse adhered  
153 sediment and rinsed repeatedly until the water came out clear. Samples were then dried at 60°C for 72 hours.

154 **2.3.2. Bivalves:** Benthic bivalves (*A. tuberculosa*) were collected among *R. mangle* prop root sediment at  
155 each site within each mangrove, within 5 m of the shoreline. Samples were kept on ice in the field. Maximum  
156 length of shells was measured with a steel vernier calliper. The adductor muscle of each bivalve was  
157 dissected and kept frozen until drying at 60°C for 72 hours. At Rincón, bivalves were uncommon at the  
158 randomly selected sites, therefore a nearby site within this mangrove with abundant bivalves was sampled on  
159 May 2, 2009.

160 **2.3.3. Mangroves:** At each of the five sites within each mangrove three leaves from adult *R. mangle* trees  
161 were collected. Care was taken in the field to select healthy leaves of similar size, that were fully developed,  
162 and without noticeable parasites, discolouration or herbivory. Samples were kept inside plastic bags on ice  
163 for transport. Leaf blades were cleaned with a damp cotton cloth and petioles removed, then dried at 60°C for  
164 72 hours. Maximum length and width of each leaf were measured.

#### 165 **2.4. Stable isotope analysis**

166 At each of the four mangrove locations, 10 samples of leaves and bivalve adductor muscle were analysed, for  
167 a total of 40 samples of each. Seven samples of algae were analysed per mangrove, for a total of 28 algal  
168 samples. Mangrove leaves were ground in an agate mortar and pestle prior to weighing. Dried biological  
169 material was weighed in silver capsules (mangrove leaves:  $3.2 \pm 0.1$  mg; algae:  $1.5 \pm 0.1$  mg; and bivalves:  
170  $0.5 \pm 0.0$  mg). To ensure removal of any carbonate material remaining in algal samples prior to stable isotope  
171 analysis, 5 % HCl was added to the capsule in which each algal sample was weighed, then allowed to  
172 evaporate at 70°C on a hotplate inside a fume cupboard. Carbon and nitrogen elemental analysis was  
173 performed using an Elemental Analyser (CE Instruments NA2500) and an isotope ratio mass spectrometer

(VG Isogas Prism III) (both instruments interfaced with a VG Dual Reference Gas Box and a VG Diluter). Samples were analysed against the marine sediment standard PACS-2 by the National Research Council of Canada (NRCC) with values of: 5.213 ‰  $\delta^{15}\text{N}$  and -22.227 ‰  $\delta^{13}\text{C}$ . Elemental compositions were standardized by comparison with acetanilide standard (C 71.09 %, N 10.36 %). The standard deviation (SD) was  $\pm 0.11$  ‰ for  $\delta^{13}\text{C}$  and  $\pm 0.10$  ‰ for  $\delta^{15}\text{N}$  (n=17 PACS-2 standard analyses). Stable isotope analysis was carried out in the Grant Institute at Edinburgh University. Elemental analysis error (PACS-2 elemental ratio SD as a percentage of the mean elemental ratios) was 1.6 % for C and 5.4 % for N.

### 2.5. Statistical analysis

One way Analysis of Variance (ANOVA), nested when appropriate, and correlations between variables were carried out in the statistical program R (v2.13.0) (R Development Core Team, 2012). Mangrove and corresponding treatment (reference and nutrient loaded) were factors, with response variables being water quality parameters (two visits) and biological data. Data were tested for normality and heteroscedasticity. Outliers were removed from the analysis only when necessary due to lack of effectiveness from transformations, yet results proved to be the same with or without outliers. Non-parametric Kruskal Wallis analyses were carried out when transformation of data or removal of outliers were unsuccessful.

## 3. Results

### 3.1. Water quality

**3.1.1. Water transparency:** Chlorophyll concentration was higher in nutrient loaded mangroves ( $p < 0.001$ ) (Figure 2a). Secchi depth was greater in reference mangroves than in nutrient loaded mangroves ( $p < 0.001$ ), which did not vary seasonally ( $p > 0.05$ ) (Figure 2b). Suspended matter did not vary between reference and nutrient loaded mangroves ( $p > 0.05$ ) (Figure 2c). Both chlorophyll and suspended matter varied between sampling dates ( $p < 0.001$ ), where Jiménez and reference mangroves showed a similar trend of lower chlorophyll and suspended matter in the rainy season (Figure 2a,c).

**3.1.2. Nutrient concentrations and salinity:** Salinity did not vary between reference and nutrient loaded mangroves ( $p > 0.05$ ) or by sampling date ( $p > 0.05$ ) (Figure 2d). Nitrite concentrations at reference mangroves



199 did not differ from those at nutrient loaded locations ( $p>0.05$ ). Ammonium and nitrate were not included in  
200 the statistical analysis as detected concentrations were at the limits of reliable detection (ammonium=1.18;  
201 nitrate=0.26). Phosphate and silicate concentrations varied between reference and nutrient loaded mangroves  
202 ( $p<0.05$ ). Neither one showed variation within mangroves between sampling dates (both  $p>0.05$ , Table 2).

### 203 3.2. $\delta^{15}\text{N}$ and $\delta^{13}\text{C}$ isotopic values

204 **3.2.1. Macroalgae:** There was no variation in stable isotope composition or C:N of algae between reference  
205 and nutrient loaded mangroves ( $p>0.05$ ) (Figure 3), although algal C:N was slightly lower in more  $\delta^{15}\text{N}$   
206 enriched algal samples ( $p<0.05$ , Table 3).

207 **3.2.2. Bivalves:** Bivalve  $\delta^{13}\text{C}$  was slightly depleted in reference than in nutrient loaded mangroves ( $p<0.001$ ;  
208 Figure 3), however bivalve  $\delta^{15}\text{N}$  and C:N did not vary between reference and nutrient loaded mangroves  
209 ( $p>0.05$ , Figure 3, Table 3). Bivalve isotopic data varied among mangrove locations ( $\delta^{15}\text{N}$  &  $\delta^{13}\text{C}$   $p<0.001$ ;  
210 and C:N  $p<0.05$ ). Length of benthic bivalves varied among all locations ( $p<0.001$ ) but showed no variation  
211 between reference and nutrient loaded locations ( $p>0.05$ ). Longer bivalves were found at Escondido  
212 ( $5.47\pm 0.17$  cm) and Depósito ( $5.04\pm 0.06$ cm), and the bivalves were shorter at Puerto Jiménez ( $4.18\pm 0.28$ cm)  
213 and Rincón ( $3.79\pm 0.48$  cm). No correlations were found for bivalve isotopic results or with bivalve length.

214 **3.2.3. Mangroves:** Leaf stable isotope composition varied between reference and nutrient loaded mangroves.  
215  $\delta^{15}\text{N}$  values were enriched by up to 3 ‰ at nutrient loaded mangroves ( $p<0.001$ ). These mangroves also had  
216 enriched  $\delta^{13}\text{C}$  values ( $p<0.001$ ) and a narrower range in C:N ( $p<0.001$ , Figure 3, Table 3).

## 217 4. Discussion

218 Here, we provide isotopic evidence of subtle nutrient enrichment in mangrove habitats of Golfo Dulce  
219 (southern Pacific coast of Costa Rica), despite limited evidence of nutrient loading from water quality  
220 analyses. These findings are suggestive of chronic low-level nutrient loading in this gulf. This isotopic  
221 information is important for understanding the state of the mangrove ecosystem, and at the same time  
222 providing mangrove, bivalve, and algal stable-isotope data for future studies.

223 Despite the lack of waste-water treatment and the fact that raw sewage flows directly into Golfo  
224 Dulce, previous water quality measurements in this gulf have not found evidence of eutrophication, and this  
225 was the case in the present study. The nutrient concentrations in the water column at Golfo Dulce can be  
226 considered to be low (Morales-Ramírez et al., 2015; Silva & Acuña-González, 2006) and similar to those of  
227 the Gulf of Chiriquí (Pacific coast of Panama) where the highest values of nitrate were  $0.75 \mu\text{mol L}^{-1}$  and of  
228 phosphate were  $0.24 \mu\text{mol L}^{-1}$  (D’Croz & O’Dea, 2007). The Gulf of Panama (Pacific coast of Panama, an  
229 upwelling region) had slightly higher nutrient concentrations with phosphate reported up to  $1.2 \mu\text{mol L}^{-1}$  and  
230 nitrate up to  $14.4 \mu\text{mol L}^{-1}$ . Nutrient concentrations in Golfo de Nicoya, further north on the Pacific coast of  
231 Costa Rica, are higher than in Golfo Dulce, with nitrate reported as high as  $10.3 \mu\text{mol L}^{-1}$ , nitrite up to  $2.7$   
232  $\mu\text{mol L}^{-1}$  and phosphate as high as  $3.6 \mu\text{mol L}^{-1}$  (Palter, León Coto, & Ballester, 2007). However, nutrient  
233 loading is thought to be occurring in Golfo Dulce given increasing anthropogenic pressure (Cortés, 1990;  
234 González-Chen, 2009; Loaiza, 2007; Morales-Ramírez et al., 2015; Quesada-Alpízar & Cortés, 2006) and  
235 there is evidence of higher coliform bacterial concentrations in the Golfo Dulce embayment (García et al., 2006).  
236 The Purruja estuary, the location of one of our nutrient loaded mangroves, is not considered to be highly  
237 contaminated despite the presence of polluted areas near sewage input (García et al., 2006); this is attributed  
238 to dilution and biological uptake of increased nutrients (Silva & Acuña-González, 2006). Nutrient  
239 concentration as indicated by traditional chemical analyses may therefore not have the sensitivity needed to  
240 identify nutrient loading at low concentrations or where inputs are pulsed, with the potential dilution of  
241 nutrient inputs at current loading rates.

242 Traditional chemical analyses of nutrient concentration have limited capacity for the detection of  
243 biologically significant pulsed nutrient inputs to the system (Costanzo et al., 2001; Costanzo et al., 2005;  
244 Gartner, Lavery, & Smit, 2002). There is high precipitation during the rainy season in the area, with  
245 approximately  $5000 \text{ mm yr}^{-1}$  (IMN, 2009), which could reduce measured nutrient concentrations and affect  
246 perception of the actual nutrient inputs at the mangrove locations during the rainier periods. Nutrient  
247 concentrations may be further diluted when sampling at high tide. Water column nutrient concentrations were

248 sampled on only two occasions at high tide, and may therefore not be representative of the predominant  
249 concentrations in the water column throughout the year; however, studies over longer time periods in the gulf  
250 have come up with similar findings (Morales-Ramírez et al., 2015). It is also possible that other marine  
251 primary producers are consuming nutrients from the water column that were not sampled as part of this  
252 study, such as benthic macroalgae which can be seasonal on the Pacific coast of Costa Rica (Cortés, Samper-  
253 Villarreal, & Bernecker, 2014) or seagrasses (Samper-Villarreal, Bourg, Sibaja-Cordero, & Cortés, 2014;  
254 Samper-Villarreal, Van Tussenbroek, & Cortés, 2018).

255 In contrast to low nutrient concentrations, water transparency and chlorophyll concentration both  
256 revealed diminished water quality at nutrient loaded mangroves. Nutrient loaded mangroves had higher  
257 chlorophyll concentrations and lower Secchi depths than reference mangroves. As phytoplankton is nutrient  
258 (primarily nitrogen) limited in the Eastern Tropical Pacific (Pennington et al., 2006), an increase in  
259 chlorophyll concentrations at nutrient loaded locations may indicate an increase in phytoplankton  
260 productivity, which may be depleting nutrients from the water column. At nutrient loaded locations Secchi  
261 depth was similar to the limited water transparency found in Golfo de Nicoya (Palter et al., 2007). At Golfo  
262 Dulce, the input of nutrients from raw sewage may therefore be either sufficiently diluted, as to not be  
263 detectable by chemical analyses, or be at a level that it is biologically assimilated by the biota leading to low  
264 nutrient concentrations in the water column. Studies on phytoplankton nutrient uptake and growth rate should  
265 be carried out in Golfo Dulce.

266 Mangrove leaf isotopic values showed enriched  $\delta^{15}\text{N}$  at nutrient loaded mangroves, while algae and  
267 bivalves showed no variation between reference and nutrient loaded mangroves. The most likely explanation  
268 for this is the difference in the tissue turnover rate among these three organisms. Mangroves are considered  
269 to be good long term (years) indicators of nutrient loading (Costanzo et al., 2003; Pitt et al., 2009), obtaining  
270 their nutrients from interstitial water which can accumulate pulsed nutrient inputs (Hogarth, 1999; Kathiresan  
271 & Bingham, 2001; Tomlinson, 1994). *Rhizophora* trees produce a new leaf only approximately every 100  
272 days (Farnsworth, Ellison, & Gong, 1996). Algae have high turnover rates because they obtain their nutrients

273 directly from the water column (Costanzo, O'Donohue, & Dennison, 2000; Costanzo et al., 2003; Fertig et  
274 al., 2009; Gartner et al., 2002) and can show enriched  $\delta^{15}\text{N}$  values within days of exposure to greater nutrient  
275 concentrations (Costanzo et al., 2005; Gartner et al., 2002; Savage & Elmgren, 2004). Bivalves obtain their  
276 nutrients indirectly from the water column and have a turnover rate of several weeks to months (Fertig et al.,  
277 2009; Piola et al., 2006). Lack of variation of bivalve  $\delta^{15}\text{N}$  between reference and nutrient loaded mangroves  
278 could have resulted from the selection of muscle tissue for this analysis, as some tissues of benthic  
279 invertebrates are more sensitive indicators of sewage effluent than others (Piola et al., 2006). Lack of  
280 variation in algal and bivalve isotopic data between reference and nutrient loaded locations may actually be  
281 indicative of prevailing water column conditions during the dry season prior to sample collection. Isotopic  
282 analysis of bivalves and algae at different seasons may provide greater clarity on this topic. However, algae  
283  $\delta^{15}\text{N}$  at low nutrient concentrations can be very low (Costanzo et al., 2001; Costanzo et al., 2005), and on this  
284 occasion all algae stable isotope values were similar to those of mangroves at nutrient loaded mangrove  
285 locations. This lack of isotopic variation in the bivalve and alga between nutrient loaded and reference  
286 locations might indicate that the algae and bivalves have been subject to nutrient loaded conditions at all  
287 locations in recent times.

288 Other possible causes of isotopic variation in mangrove leaves between reference and nutrient loaded  
289 mangroves include potential isotopic variation in soil enrichment factors and nutrient sources, which were  
290 not sampled as part of this study. Deposition of bloom phytoplankton or suspended matter can occur due to  
291 land use in river catchments in Golfo Dulce (Hebbeln & Cortés, 2001).  $\delta^{15}\text{N}$  from sewage derived organic  
292 matter in California goes from 1.8‰ (Van Dover, Grassle, Fry, Garritt, & Starczak, 1992) to 5.6‰ (Kwak &  
293 Zedler, 1997), with sewage sources in Golfo Dulce potentially at the higher level of  $\delta^{15}\text{N}$  from this range.  
294 Limited water circulation between mangroves and seasonal deep-water upwelling (Morales-Ramírez et al.,  
295 2015; Quesada-Alpízar & Morales-Ramírez, 2004; Svendsen et al., 2006) may also affect isotopic values in  
296 Golfo Dulce, which is anoxic in its deepest areas as upwelling is thought to alter marine  $\delta^{15}\text{N}$  (Risk &

297 Erdmann, 2000; R. Sweeney, Kalil, & Kaplan, 1980; R. E. Sweeney & Kaplan, 1980). Overall knowledge of  
298 water circulation in Golfo Dulce is currently limited and the assumption that there are no cumulative impacts  
299 at mangrove locations should be reassessed once more detailed information is available.

#### 300 **4.1. Summary and conclusion**

301 Nutrient concentrations determined by traditional chemical water analysis have not been able to  
302 identify nutrient loading in Golfo Dulce, despite evidence of punctual increased coliforms and the overall  
303 knowledge that untreated sewage is being delivered to the gulf at increasing rates. Our findings support the  
304 notion that nutrient concentrations in the water column are low, however, chlorophyll concentration and  
305 water transparency reveal diminished water quality at nutrient loaded mangroves.  $\delta^{15}\text{N}$  of mangrove leaves  
306 was enriched at nutrient loaded locations, although algal and bivalve isotopic values did not reveal variations  
307 between reference and nutrient loaded mangroves. Nevertheless, the algal isotope values were similar to  
308 those of the mangrove leaves at nutrient loaded locations, potentially indicating increased nutrient conditions  
309 at all mangroves at the time of sampling. Future evidence of nutrient loading should focus on both isotopic  
310 and traditional chemical water quality assessments. At the time of this study nutrient inputs into Golfo Dulce  
311 are considered to be at levels that were readily diluted or consumed by the biota, and thus undetectable with  
312 traditional water quality techniques. We provide clear evidence however, of isotopic enrichment at nutrient  
313 loaded locations from mangrove material and recommend that adequate waste water treatment be carried out  
314 on all anthropogenic discharges into this vulnerable marine system.

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323  
324 **6. References**

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- 478
- 479

480 **Figure legends**

481

482 **Figure 1.** Study Sites: reference (Conte, Rincón, and Esquinas) and nutrient loaded mangrove (Jiménez,  
483 Depósito, and Purruja) locations in Golfo Dulce, southern Pacific of Costa Rica (star).

484

485 **Figure 2.** Water column suspended sediment (a), chlorophyll concentration (b), Secchi depth (c), and salinity  
486 (d) (mean  $\pm$ SE) at three reference mangroves (R) and three nutrient loaded mangroves (N) in Golfo Dulce,  
487 southern Pacific of Costa Rica. Sampling I = April 2009, Sampling II = May 2009.

488

489 **Figure 3.**  $\delta^{13}\text{C}$  and  $\delta^{15}\text{N}$  values of algae (*Bostrychia calliptera*), bivalves (*Anadara tuberculosa*), and  
490 mangroves (*Rhizophora mangle*) at three reference mangroves (R) and three nutrient loaded mangroves (N)  
491 in Golfo Dulce, southern Pacific of Costa Rica.

492

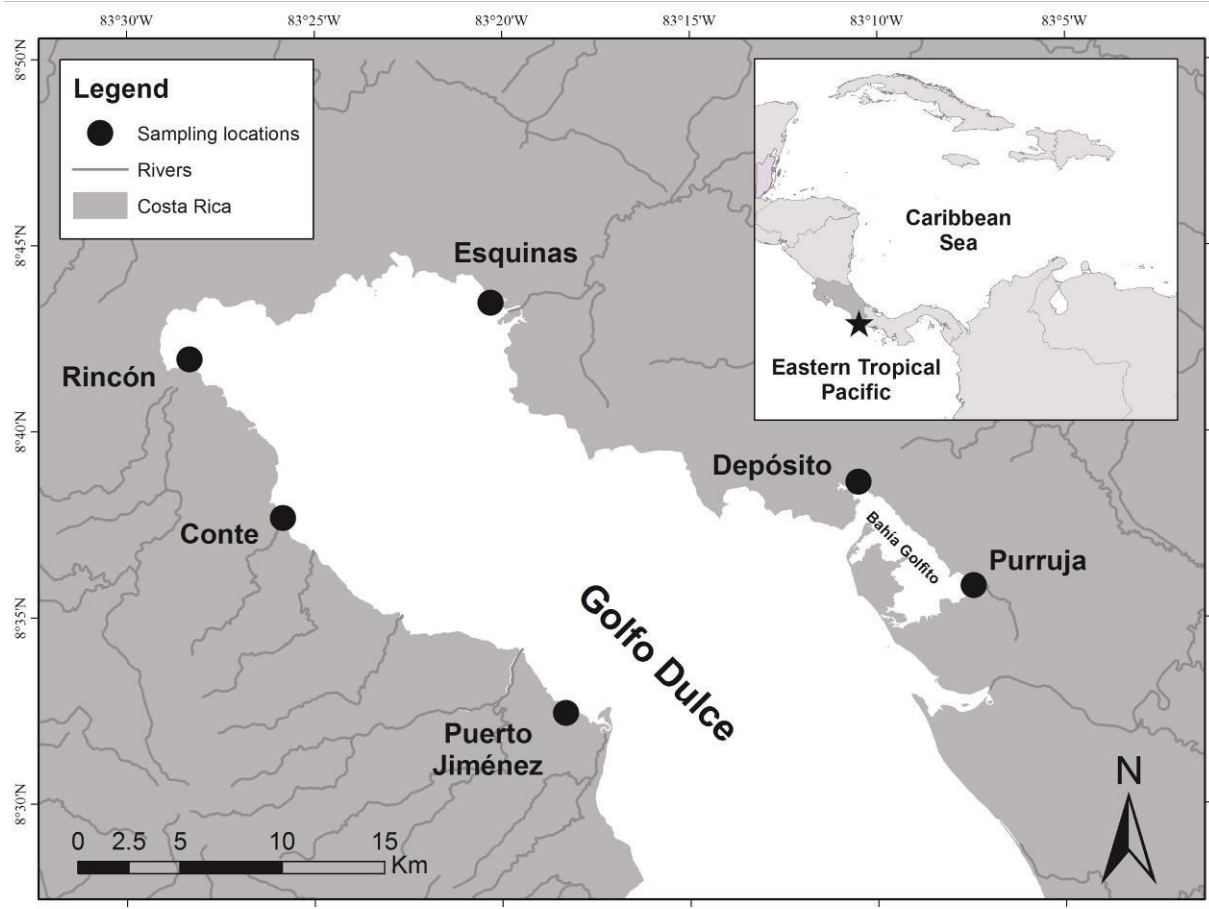


Figure 1. Study site. Golfo Dulce, Southern Pacific coast of Costa Rica.

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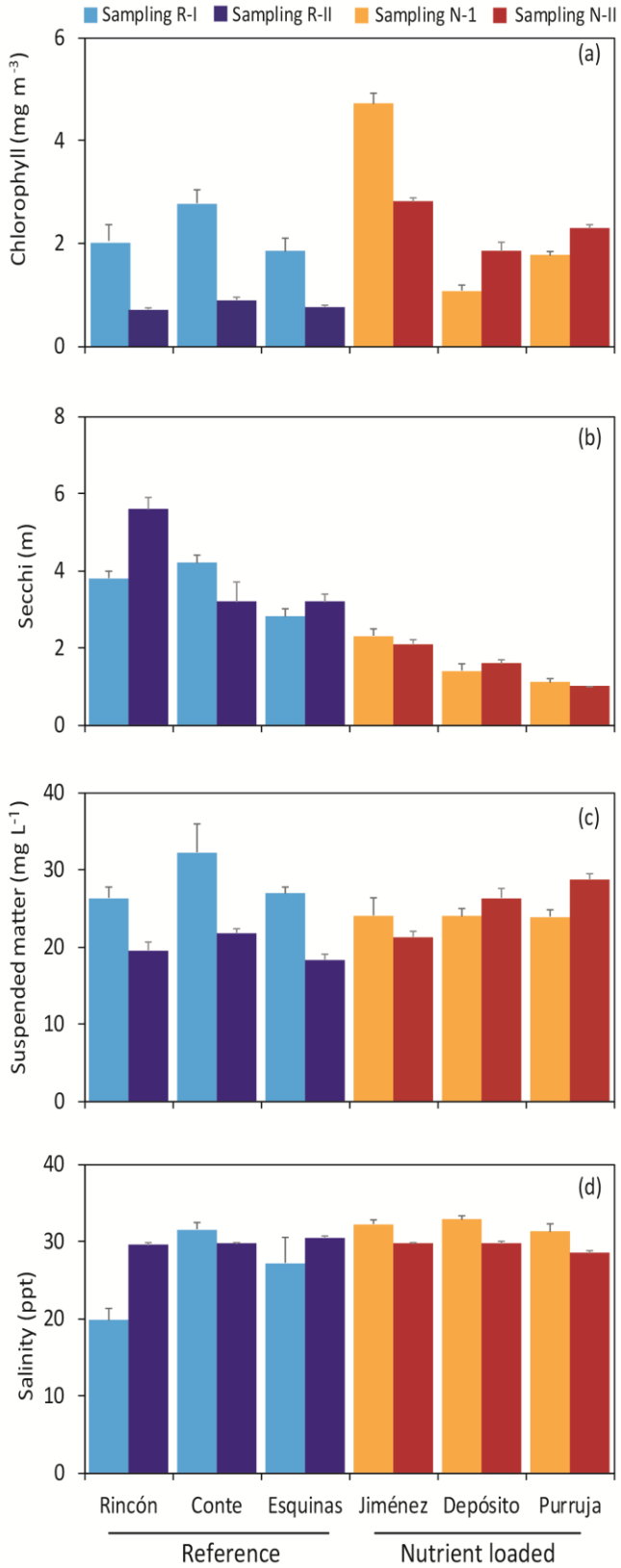


Figure 2. Variation in water quality between reference and nutrient loaded mangroves on two sampling dates.

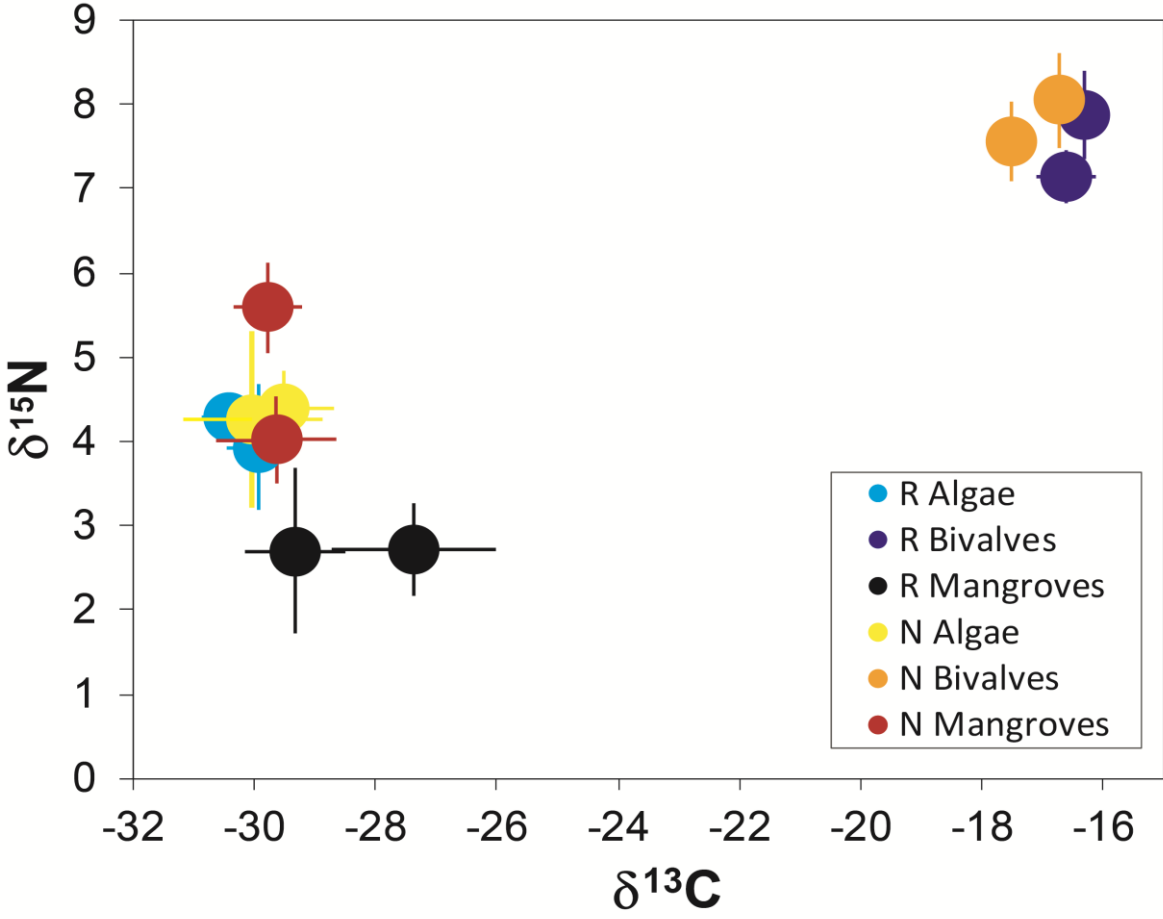


Figure 3. Stable isotope values for mangroves, bivalves and algae in reference and nutrient loaded mangroves.

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**Table 1.** General characteristics of six mangrove habitats in Golfo Dulce, southern Pacific coast of Costa Rica. **Note.** Population source: Instituto Nacional de Estadística y Censo (INEC), Costa Rica (2000 & 2008). Vegetation and river length source: Instituto Geográfico Nacional de Costa Rica map of the area. \* Barrigones population was estimated from village size given lack of available data.

Condition	Mangrove	Nearest Town	Population	Characteristics	River	River Length (km)
Reference	Rincón	Rincón	145	Untreated sewage effluent minimal, forest & agriculture	Rincón	27.3
Reference	Conte	Barrigones	~ 100*	Untreated sewage effluent minimal, forest & agriculture	Conte	11.1
Reference	Esquinas	Riyito	66	Untreated sewage effluent minimal, forest	Esquinas	23.0
Nutrient loaded	Jiménez	Puerto Jiménez	7 238	Untreated sewage effluent high	Town estuary	0.8
Nutrient loaded	Depósito	Golfito	13 056	Untreated sewage effluent high	Cañaza	3.4
Nutrient loaded	Purruja	Purruja	436	Untreated sewage effluent high	Purruja	2.4

**Table 2.** Nutrient concentration (mean  $\pm$ SE) at six mangrove habitats in Golfo Dulce, southern Pacific coast of Costa Rica. Sampling SI = April 2009, SII = May 2009. n=6. **Note.** Minimum detection levels ( $\mu\text{mol/l}$ ): phosphate=0.03; silicate=0.78; ammonium=1.18; nitrite=0.03 & nitrate=0.26.

Condition	Mangrove	Sampling	Nutrient Concentration ( $\mu\text{mol L}^{-1}$ )				
			Phosphate ( $\text{PO}_4^{3-}$ )	Silicate ( $\text{SiO}_4^{2-}$ )	Ammonium ( $\text{NH}_4^+$ )	Nitrite ( $\text{NO}_2^-$ )	Nitrate ( $\text{NO}_3^-$ )
Reference	Rincón	SI	0.28 $\pm$ 0.07	53.91 $\pm$ 11.04	< 1.27	0.052 $\pm$ 0.02	< 0.26
		SII	0.19 $\pm$ 0.02	16.76 $\pm$ 2.26	< 1.18	< 0.03	< 0.26
Reference	Conte	SI	0.40 $\pm$ 0.11	13.69 $\pm$ 11.59	< 1.27	0.052 $\pm$ 0.01	< 0.26
		SII	0.09 $\pm$ 0.01	6.42 $\pm$ 0.49	< 1.18	< 0.03	< 0.26
Reference	Esquinas	SI	0.10 $\pm$ 0.02	8.51 $\pm$ 5.00	< 1.27	0.053 $\pm$ 0.01	< 0.26
		SII	0.17 $\pm$ 0.02	2.29 $\pm$ 0.16	< 1.18	< 0.03	< 0.26
Nutrient loaded	Jiménez	SI	0.10 $\pm$ 0.02	3.42 $\pm$ 0.89	< 1.27	0.063 $\pm$ 0.02	< 0.26
		SII	0.09 $\pm$ 0.02	4.70 $\pm$ 1.00	< 1.18	< 0.03	< 0.26
Nutrient loaded	Depósito	SI	0.22 $\pm$ 0.04	23.67 $\pm$ 5.45	< 1.27	0.045 $\pm$ 0.01	< 0.26
		SII	0.28 $\pm$ 0.03	14.21 $\pm$ 3.62	< 1.18	< 0.03	< 0.26
Nutrient loaded	Purruja	SI	0.28 $\pm$ 0.05	33.40 $\pm$ 8.10	< 1.27	0.054 $\pm$ 0.01	< 0.26
		SII	0.15 $\pm$ 0.01	20.53 $\pm$ 0.52	< 1.18	< 0.03	< 0.26

**Table 3.** Carbon (%), nitrogen (%) and carbon to nitrogen ratios (mean  $\pm$  SD) for mangrove leaves (n=10), bivalves (n=10) and mangrove macroalgae (n=7) at four mangrove locations in Golfo Dulce, southern Pacific of Costa Rica. (R): Reference mangroves. (N): Nutrient loaded mangroves. \* Algae were acidified for inorganic carbon removal.

	Mangrove leaves			Bivalves			Algae*		
	C%	N%	C:N	C%	N%	C:N	C%	N%	C:N
Rincón (R)	44.1 $\pm$ 1.2	1.1 $\pm$ 0.2	40.3 $\pm$ 6.1	46.1 $\pm$ 2.4	15.1 $\pm$ 1.1	3.1 $\pm$ 0.2	33.6 $\pm$ 2.9	3.6 $\pm$ 0.6	9.4 $\pm$ 1.1
Esquinas (R)	45.1 $\pm$ 0.6	1.3 $\pm$ 0.1	34.5 $\pm$ 3.4	41.7 $\pm$ 4.0	13.5 $\pm$ 1.5	3.1 $\pm$ 0.1	31.9 $\pm$ 3.9	3.4 $\pm$ 0.5	9.5 $\pm$ 1.2
Jiménez (N)	43.4 $\pm$ 1.6	1.1 $\pm$ 0.2	39.0 $\pm$ 5.7	43.1 $\pm$ 5.0	13.8 $\pm$ 1.8	3.1 $\pm$ 0.1	30.1 $\pm$ 3.5	3.3 $\pm$ 0.4	9.2 $\pm$ 0.8
Depósito (N)	43.4 $\pm$ 1.3	1.2 $\pm$ 0.1	36.3 $\pm$ 3.3	43.6 $\pm$ 1.6	15.6 $\pm$ 1.3	2.8 $\pm$ 0.2	29.1 $\pm$ 2.6	3.4 $\pm$ 0.4	8.6 $\pm$ 1.0